

OVEN BAKED EGGPLANTS WITH MINCED MEAT AND EPIROS FETA BECHAMEL

Ingredients

- 3 eggplants
- 300 gr. minced beef
- 1 large red onion, finely chopped
- 2 cloves of garlic, finely chopped
- 1 glass of red wine
- 1 diced tomatoes
- 1 cinnamon stick
- 1 tsp oregano
- 200 gr. Epiros feta cheese
- 100 gr. flour
- 100 gr. butter
- 900 ml. milk
- 2 egg yolks
- a pinch of nutmeg
- olive oil
- salt and freshly ground pepper
- 1 tablespoon smoked paprika